

Conference Schedule

FRIDAY, FEBRUARY 17th

Bike Savvy Techniques: Pre-registration required

7:30-8:00 Registration

8:00 am -5:00 pm

Steve and Cheryl Wyatt, League of American Cyclist Instructors

7:00-9:00 pm Reception and Happy Hour

Meet Dan Burden of Walkable Communities

Trails Matter: Interviews with Lisa Rainey Brownell

SATURDAY, FEBRUARY 18th

7:45-8:30 Registration

8:30-8:40 Welcome and Introduction

8:40-9:15 Trail Updates

Muhlenberg County

Dawkins Trail

County Judge Rodney Kirtley

Regina Hall, Big Sandy ADD

9:15-10:30 Session 1

Dave Adkisson, Pres. & CEO KY Chamber of Commerce

All Trails Lead to Better Communities

Dr. Terry Brooks, Executive Director, Kentucky Youth Advocates

Kids Count Data: State of Kentucky's Children

10:30-10:45 Break

10:45-12:30 Session 2

Dan Burden, Executive Director, Walkable Communities, Inc

Building Healthy Communities, Healthy People and Healthy Communities

12:30-1:45 Lunch

More with Dan Burden

Tract 1: Promoting Physical Activity Tract

1:45-3:00 **Session 3**

Dr. Aaron Beighle, Asst. Prof of Kinesiology, University of KY

Promoting Physical Activity For Children

Carol Whipple, Health Education through Extension Leadership (HEEL)

Weaving Well-Being Into Kentucky Communities

3:00-3:15 Break

3:15-4:30 **Session 4**

Colby Wagoner, Director-Save the Children, Obesity Task Force

Kentucky's Overweight and Obese Children

Cheryl Wyatt, PBIC Safe Routes to Schools volunteer

2 for 1 Deal: Safe Routes and Railtrails

Tract 2: Technical Trails and Greenways

1:45-3:00 **Session 5**

Crystal Murray Ducker, Executive Director, Office of TE Programs

Transportation Enhancements

Yvette Rollins, Indiana Horse Council

Successes in Building a Better Trail

3:00-3:15 Break

3:15-4:30 **Session 6**

Joanna Hinton, Executive Director, Preservation Kentucky

Historic Preservation, It's Not Just About Buildings Anymore

Martin Schickel: Loveland Bike Shop Owner

Bike Trails: A Silver Bullet For Business?

Lisa Rainey Brownell, UK Doctoral Candidate in Geography

Trails Matter: How People and Their Communities Value Their Trails

Session 7

Larry Ridenour: Former Pennsylvania rail trail builder & KY volunteer

Lexington-Big Sandy: If You Build It, They Will Come

Closing